## **Cervical Cancer**

Don't ignore your cervical screening invite.

Call your GP practice to book an appointment as soon as possible.

The NHS invites all women and people with a cervix aged 25 to 64 for cervical screening every three to five years

Cervical screening prevents deaths from cervical cancer and saves thousands of lives each year

1 in 142 UK females will be diagnosed with cervical cancer in their lifetime

One in three women aged 25-64 don't take up the offer for screening2

Trans men and non-binary people aged 25-64 are eligible for cervical screening if they have a cervix – however you may not get a letter from the screening service inviting you so please make a note to call your surgery at the appropriate time.

Your cervical screening sample is first tested for high-risk Human Papillomavirus (HPV) which can cause cell changes.

While, for people with high-risk HPV the risk of getting cervical cancer is low, finding high-risk HPV early means you can be monitored for abnormal cell changes. Any abnormal cell changes can be treated, so they do not get a chance to turn into cervical cancer, overall, nearly all cases of cervical cancer (99.7%) are caused by high-risk HPV

Even if you have had the HPV vaccination you will still be invited for cervical screening, for your protection

If you test positive for HPV it doesn't mean you have cervical cancer or will develop cervical cancer

HPV is a common virus, and most people will have it at some point in their life without knowing.

In many cases, your immune system will naturally get rid of HPV

HPV is nothing to be embarrassed about and does not mean that any partner has been unfaithful

Some local sexual health services offer cervical screening as an alternative to your GP

## **Useful links**

What is Cervical Screening https://youtu.be/M3FvnJ2x5GQ

What is a smear test? https://youtu.be/dllenWjacVg

Cervical Screening Test for people with Learning Disabilities <a href="https://youtu.be/yQw4boPcKik">https://youtu.be/yQw4boPcKik</a>

The Facts About HPV (subtitles) https://youtu.be/TGRYADY1ZUg

What is Cervical Cancer? (BSL) https://youtu.be/rMPapX8jb4g

The Basics of Cervical Screening <a href="https://youtu.be/qeV42ITpbpU">https://youtu.be/qeV42ITpbpU</a>

Cervical Cancer Screening (BSL) https://youtu.be/FaxGFv5H- Y

Everything you Need to Know about Cervical Screening(nurses.co.uk)<a href="https://youtu.be/sMxglRy87Rs">https://youtu.be/sMxglRy87Rs</a>

Cervical Screening: How it's Done (NHS) https://youtu.be/OU7fZb sTus

## **Websites**

 $\label{lem:considering} \begin{tabular}{l} Cervical screening: leaflet for women considering screening $$ \underline{https://www.gov.uk/government/publications/cervical-screening-description-in-brief} $$ \end{tabular}$ 

Cervical Cancer NHS https://www.nhs.uk/conditions/cervical-cancer/

Cervical Screening NHS https://www.nhs.uk/conditions/cervical-screening/

Jo's Trust <a href="https://www.jostrust.org.uk/information">https://www.jostrust.org.uk/information</a>